

Magnetite

Magnetite: is worn to help ground your energy as it brings focus and original thinking. It is the most powerful and effective of the grounding stones. It absorbs negative energy from your body, eliminating stress, worry and anxiety. Absorbs negative energy and very protective stone Calms in times of stress or worry Protects and grounds Harmonizes mind, body and spirit Beneficial in legal situations strengthen self-confidence Supports timid women and boosts self esteem Improves relationships Root Chakra, helping to transform negative energies into a more positive vibration Physically, Magnetite is also used to protect against geopathic stress and electromagnetic smog, and is said to be a great detoxifying stone, helpful for the liver and the blood.

